

Abstract

Title: An analysis of the offensive and defensive activities in set plays

Objectives: The main objective of this work is to analyze the implementation of set-plays in the offensive phase of the game matches teams selected for the Champions League 2009/2010. Identification of the key moments leading to successful or unsuccessful completion. Description and graphical representation of the set-plays.

Methods: In our work we used as the primary method of obtaining data on the phenomenon of mediated reference, registered observations. It is the indirect observation of DVDs with each team, where we watched our investigation established criteria. The research section has been used both quantitative and qualitative analysis. Quantitative analysis, we obtained data on the frequency of observed phenomena, qualitative analysis shows the critical points and the current developments in implementation of set-plays . Models based on the graphical representation we then facilitate the application of this knowledge in the training practical.

Results: The results reveal the ways plays for set-plays were used in the Champions League 2009/2010 in the offensive phase of game and the negotiations in the process of defense. They point to developments and changes occurring with different frequency factors.

Keywords: football, set-plays, the attack activity, the defensive activity, free kick, corner kick, throw-in, penalty kick, training